Dear Parents, Guardians, Students and Friends

Enthusiasm – it is one of the greatest words in the English language! The word comes from the early 17th century French word *enthousiasme*, from Greek *enthousiasmos*, from *en* and *theos*, with *theos* being the Greek word for God. So "enthusiasm" literally means, in its root concept, “full of God.” Maybe that’s why enthusiastic people are so often creative and joyful!

Enthusiasm is the word which came to mind last Friday, when discussing with Year 10 students their preparations for camp this week. As students explained their choices of activities, their faces lit up with excitement and eager anticipation. They were able to give detailed and positive weather forecasts and delighted in sharing their hopes for success, fun, sharing and learning new skills. Enthusiasm among the group was palpable and infectious! Along with similar enthusiasm from Ms Hapgood and accompanying teachers on the camps, the week is sure to be a great success! One of the great rewards of working in a school community is to witness the sense of adventure, happy smiles and creative energy of those groups heading off to such engaging, positive activities!

Ralph Waldo Emerson once said “Nothing great is ever accomplished in life without enthusiasm”. This is a wonderful thought to keep in mind as we progress through this journey of Lent, towards the celebration of Easter. Lent, a time for reflection, self-assessment and change, is the precise time when we need to nurture our enthusiasm. We have to have a passion to see something happen.

When we look at the numerous Project Compassion projects of self-help for the poor and marginalised, it is not enough to say: “Well, we kind of, sort of, maybe want to help . . .”. If we say that, nothing is going to happen. If we say “Well, we’d like it to change things and if we had more time we would do something to help . . .” it isn’t going to happen. But if we are passionate about our goal, it will become a reality.

One homeroom class has raised over $240 so far for Project Compassion – brought about through the enthusiastic drive of one class member who is determined their group will make a difference. She has encouraged, informed and challenged her peers to push their generosity beyond the “comfortable” zone and her efforts are being rewarded. Another student was inspired to donate all her savings ($25) to “make a difference” as a Project Compassion sponsor. She has given all she has, giving with enthusiasm and joy. With these two examples, it is not the fundraising which is making the difference, but their personal enthusiasm for helping others.

---

**PRAYER**

Lord, give us enthusiasm, because enthusiasm is a way of praying. It is what binds us to life, to adults and to children. Enthusiasm tells us that our desires are important and deserve our best efforts. It is enthusiasm that reaffirms to us that everything is possible, as long as we are totally committed to what we are doing. And in order for this to be possible...

Lord, protect us, because life is the only way we have of making manifest your presence and love. May we remain in your company and the company of adults and children who have doubts, who act and dream and feel enthusiasm, and who live each day as the richest gift of life.

Amen
Recently, while reading an article about social justice, I came across the term “intuitive action”. It was explained as individuals who grow as activists for social change and community development through accessing and developing their own “intuitive wisdom”.

Being intuitive means going beyond the “doing” and finding the “being”. When there is balance between action – the doing, and reflection – the being, we can experience richer outcomes and more meaningful solutions. The feeling of connectedness towards a cause, group or organisation is fundamental to enabling intuitive wisdom to emerge and thrive.

These girls feel very connected to the cause of helping others, of giving freely, of encouraging change in their peers, of working enthusiastically for good. They teach us so much about how we need to approach Lent and to approach life. They point us to fact that our faith journey is good news where we all learn more when there is humour and hope, joy and abundant enthusiasm!

Enthusiasm is just as contagious as negativity, so practise enthusiasm this Lent. Stop saying depressing things, discouraging things, critical things. Think enthusiasm! Talk it, live it, act it, pray it and you will keep it going for you each day.

“The enthusiasm of the Lord Almighty will accomplish this”. (Isaiah 9:7)

Kind regards
Anne Hughes
Director of Faith and Mission

---

**ADMINISTRATION**

**2016 OPEN DAY – SUNDAY, 20TH MARCH**

Open Day is fast approaching for Trinity College. As in previous years, the Friday afternoon prior to the event is a form of celebration with our current students as well as allowing some setting up to be done in preparation for Sunday.

On Friday 18th March students will be involved in various activities:

Year 7 to 10 students will follow their regular program until 12.00pm. After an early lunch and a tidy of their respective rooms/areas, students will be participating in various excursions.

- Year 7 students will walk to the Colac Indoor Tennis Centre to participate in a round-robin sporting event.
- Year 8 students will be bussed to COPACC to watch a film as arranged by Mrs Barclay and Mrs Holt
- Year 9 students will be bussed to the Memorial Square where they will purchase lunch (as practice for their Melbourne Experience) and then will be going ten pin bowling as arranged by Mr Ryan.
- Year 10 students will be bussed to COPACC to watch a film as arranged by Miss Hapgood
- Year 11 and 12 students will have their regular classes until lunchtime at which time Year 11 students have been offered a RECALL session. This is when they may go home and continue with their own study. To take up this option, students must return the permission slip that has been handed out to their homeroom teacher. Year 12 students will have RECALL as per their normal Day 10 program. Of course, Year 11 and Year 12 students may remain at the College for the afternoon where they will have supervised study in the Library or participate in Open Day preparations.

Please note that the canteen will not be open at lunchtime. The canteen will open as usual at recess. Please do not place lunch orders for Friday.

Many students volunteer to help on Open Day itself and we thank them. These students are required to be at Trinity College in full summer uniform by 12.45pm on Sunday and will be finished by 4pm. Some snacks and drinks will be provided in each of the rooms in which students are helping to keep them going for the afternoon.

Thanks to all the students that help make our Open Day successful.
HOUSE ATHLETICS
Parents and students are reminded that the Trinity College House Athletics day has been calendared to take place this Thursday, 17th March at Central Reserve.

As this day is a usual calendared school day, all students are expected to attend school on this day. We would appreciate parental support in this matter. Whether students are spectators, cheering on their house athletes from the sides, or whether students participate in the various fun events on offer, every student has an important role to play in the House Athletics. As with the House Swimming Day, students make much effort to support their Houses. Staff also organise novelty races for the various year levels so much fun is to be had by all students.

On this day, our usual College expectations apply. Students are thus not permitted to use their mobile phones, technology devices or music devices. Students are expected to wear their Trinity College sports uniform or their House Colours and must bring a hat, lunch, sunscreen and enough water to keep hydrated. The SRC will be managing a BBQ stall and a canteen with various refreshments will be available.

Students must report to school at their normal time and will walk, as a school group, to the Central Reserve for the day’s events. The arrangements for the end of the day are:
- Students who normally walk home will be dismissed from Central Reserve and are not required to walk back to Trinity first.
- Students who catch buses must return to Trinity College to catch their bus. They are not permitted to catch their bus at Colac Secondary College.
- Students who are collected by their parents may be picked up at the Reserve.

Please note that no bikes, skateboards, scooters and the like are to be taken to Central Reserve. Should students have these at Trinity College at the start of the day, students are to return to Trinity College to collect them.

A roll call will be taken at the end of the day and no student may leave the premises during the school day without the necessary arrangements being made with the student’s homeroom teacher. This includes a signed parental note.

Events have been filled through the running of trials in HPE classes and through nomination by House Captains. Any student who cannot compete in an event needs to contact their House Captain as soon as possible (with an organised replacement if possible). Alternatively, any students who are keen to compete in more events can let their captains know as this will be very useful on the day.

Should you have any queries about the Trinity Athletics day, please feel free to contact the College.

Mr Michael Tomkins
Sport Coordinator

TRINITY SPIRIT AWARDS
We congratulate the following student on recently exemplifying Trinity Spirit consistent with the Trinity College Core Value of Community:

Luke Frith: 7B
House: Gleeson

Bailey Robinson: 7C
House: Gleeson

Bailey and Luke showed a great deal of empathy for a member of our school community. They were supportive and comforting in a time of need and illustrated their innate sense of the value of Community

EVENTS

<table>
<thead>
<tr>
<th>Event Date</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 7th - Friday, 11th March</td>
<td>Year 10 Camp</td>
</tr>
<tr>
<td>Wednesday, 9th March</td>
<td>SSV Inter &amp; Senior Tennis</td>
</tr>
<tr>
<td>Monday, 14th March</td>
<td>LABOUR DAY PUBLIC HOLIDAY</td>
</tr>
<tr>
<td>Wednesday 16th March</td>
<td>P &amp; F Meeting – 7.30pm Year 12 Information Evening – 7.30 pm</td>
</tr>
<tr>
<td>Thursday 17th March</td>
<td>House Athletic Sports</td>
</tr>
<tr>
<td>Sunday 20th March</td>
<td>Open Day</td>
</tr>
<tr>
<td>Monday 21st March</td>
<td>STUDENT FREE DAY</td>
</tr>
</tbody>
</table>
TRINITY COLLEGE OPEN DAY – SUNDAY, 20th MARCH 2016

Parents and Friends will once again welcome people to the Afternoon Tea Area. Your donations of cakes and slices or assistance on the day would be greatly appreciated.

I can donate:

☐ Cake  ☐ Savoury/Fruit  ☐ Slice

☐ I can help on the day between 2.00 – 3.30 pm

☐ I can help on the day between 3.30 – 4.30 pm

Name................................................................. Phone Number.................................................................

Please return this slip to Reception or email mdprezza@bigpond.com or text reply 0400 822 296. We encourage parents of students helping on the day to assist with serving afternoon tea. Afternoon tea will be served from the canteen area, so please deliver your food at the canteen on Sunday or to Reception on Friday.

Many thanks in advance.

P & F Committee

P & F MEETING

The next P & F Meeting will be held on Wednesday, 16th March at 7.30pm in the Gleeson Building. Everyone is most welcome to attend.

NEWS FROM ST MARY’S PARISH

Message from Father Michael:

“The Loud Fence”

We note that an “unknown friend” has tied coloured ribbons on the front fence at St Mary’s church. We acknowledge this initiative which joins our on-going prayer, support and friendship to known and unknown ‘survivors’ and their families. In the recent Royal Commission (Ballarat, Rome, Sydney) – we will “Host” another ‘reflection’ evening. at St Mary’s Gathering Space: Thursday 10th March: 7.30pm-8.30pm.

All Welcome!

Cardinal George Pell has held what he called a “hard and honest” meeting with Australian survivors of clergy sex abuse in Rome.

The cardinal said he was committed to working with Ballarat abuse survivors to try to help those suffering. "I heard each of their stories and of their suffering," Cardinal Pell said. "It was hard. An honest and occasionally emotional meeting. "I know many of their families and I know of the goodness of so many people in Catholic Ballarat, a goodness that is not extinguished by the evil that was done,” he added.
This 5 week Academy will be delivered by AFL Barwon for students in year 7 & up, all genders and backgrounds, learn or enhance your skills in conflict management, decision making, and time management.

Starting: Thursday 14th April
Time: 3.30pm – 5.00pm
Cost: $12

This is a recognised National Umpire Accreditation Course (Introductory – Level 1) and will allow you to umpire anywhere in Australia, the Academy is aimed at all students who are interested in becoming an AFL Umpire. To register your interest

Contact: Mr. Michael Tomkins (mtomkins@tcc.vic.edu.au)

Or

Jock Hillgrove (jock@aflbarwon.com.au) for more information.
**SCHOLARSHIP & ENRICHMENT PROGRAMS**

Several universities have programs for high achieving students that feature scholarship and enrichment activities. The following are four examples:

**Hallmark Program, La Trobe University:** This program is open to students who achieve an ATAR of at least 85 and who receive an offer to an eligible course.

Students will receive:
- Opportunities to work in cross-disciplinary teams on some of the world’s most pressing issues with access to and mentoring by leading researchers.
- A scholarship to undertake a variety of enrichment activities beyond the classroom including an International Study Tour, a 2-day residential program, and cross-disciplinary projects.
- Guaranteed access to an Honours year.

For information, go to [http://bit.ly/1TCYY7h](http://bit.ly/1TCYY7h)

**Outstanding Scholars Program, University of Canberra:** This program is for students who achieve an ATAR of 95+ or 90+ and who receive an offer for a course at the University. Students will receive:

- A scholarship valued at $5000 p/y for students who receive an ATAR of 95+ and $5000 p/y for students who receive an ATAR of 99+
- A specialised orientation session
- Mentoring by a research active academic
- Access to short courses and seminars only available to research students studying graduate degrees.

For information, go to [http://bit.ly/1ROusrc](http://bit.ly/1ROusrc)

**SCHOLARSHIP & ENRICHMENT PROGRAMS**

**Chancellor’s Scholarship, Victoria University:** All Year 12 students who gain an ATAR of 90+ and who receive an offer for a course at Victoria University will gain a place in the Chancellor’s Scholarship program. Students will receive:

- $5000 per year (for up to four years) towards their studies.
- Mentoring by community leaders from a variety of industries.
- An internship.
- Access to leadership programs.
- Access to university sponsored events.

For information, go to [http://goo.gl/1jCBIH](http://goo.gl/1jCBIH)

**Global Science & Technology Program, Deakin University:** This program is for students who achieve an ATAR of 80+ and who enrol in a course within the Faculty of Science, Engineering and Built Environment. Students will receive:

- A scholarship.
- Undertake personal, academic, and career development programs.
- Complete the Deakin University’s Global Citizenship Program.

Students will be encouraged to study part of their course through an overseas exchange arrangement or via an international study tour or undertake a second language. For information about the program, go to [http://bit.ly/1MFF0tD](http://bit.ly/1MFF0tD)
VOCATIONAL & HIGHER EDUCATION NEWS

Tuckwell Scholarship at ANU: Australia National University is again offering the ‘Tuckwell Scholarship’ for community minded students who are high achievers. 25 successful recipients will be entitled to just under $22,000 per year for the length of their degree. Applications for 2017 study are now open and close Thursday 30 March. For information on eligibility and the application process, go to http://tuckwell.anu.edu.au/

Gap Year in the Army, Navy and Air Force: The Australian Defence Force Gap Year program provides an opportunity for young Australians who have finished Year 12 to experience military training and lifestyle whilst gaining new skills and pay over their Gap Year in the Army, Navy or Air Force. You will earn more than $45,000, have subsidised accommodation and full medical and dental coverage.

There are 11 roles available and applications are now open. For more information and to apply, go to http://bit.ly/1dVvw5Y

Are you interested in design and IT? Digital design enables you to design websites and apps and also bring the digital sphere into the public space by designing interactive spaces in the physical world. The following are three institutions that offer digital design courses:


Science News: Be inspired by the latest stories featured on RIAUS – Australia’s Science Channel. Some of the topics covered this week include:

- Science Meets Parliament 2016
- Science of Scott’s year in space
- The Oscar’s – The Sci-Academy Awards
- The science of cycling: psychology
- Quantum computing

Access the stories at this link: http://bit.ly/1LGRM3o

VOCATIONAL & HIGHER EDUCATION NEWS

I Wanna B: This website features videos about occupations, pathways, and training institutions. Young people interview people working in different industries in an engaging way. Some of the occupations covered are as follows:

<table>
<thead>
<tr>
<th>Aged Care</th>
<th>Defence Force</th>
</tr>
</thead>
<tbody>
<tr>
<td>Police Recruit</td>
<td>Web Designer</td>
</tr>
<tr>
<td>Finance Broker</td>
<td>Carpenter</td>
</tr>
<tr>
<td>Electrician</td>
<td>Vet</td>
</tr>
<tr>
<td>Midwife</td>
<td>Apprentice Chef</td>
</tr>
<tr>
<td>Jockey</td>
<td>Children’s Services</td>
</tr>
<tr>
<td>Tour Guide</td>
<td>Human Resources</td>
</tr>
<tr>
<td>Actor</td>
<td>Hairdresser</td>
</tr>
<tr>
<td>Geophysicist</td>
<td>Nurse</td>
</tr>
</tbody>
</table>

To watch the videos, go to www.iwannab.com.au/

SkillsOne: This website features hundreds of videos about trades and occupations in the following industries:

<table>
<thead>
<tr>
<th>Agrifood Skills</th>
<th>Rural &amp; Farming</th>
</tr>
</thead>
<tbody>
<tr>
<td>Electrotechnology</td>
<td>Building &amp; Construction</td>
</tr>
<tr>
<td>Property Services</td>
<td>Community Services</td>
</tr>
<tr>
<td>Healthcare</td>
<td>Automotive</td>
</tr>
<tr>
<td>Energy Utilities</td>
<td>Government Skills</td>
</tr>
<tr>
<td>Hospitality &amp; Tourism</td>
<td>Metals &amp; Engineering</td>
</tr>
<tr>
<td>Manufacturing</td>
<td>Film &amp; Business</td>
</tr>
<tr>
<td>Mineral Resources</td>
<td>Information Tech.</td>
</tr>
</tbody>
</table>

There is also a channel dedicated to women in trades and WorldSkills Australia, www.skillsone.com.au/
VOCVATIONAL & HIGHER EDUCATION NEWS

Ask an industry professional about their career! The Victorian Tertiary Admissions Centre (VTAC) invite Year 12 students to submit questions about their ideal career area and they will endeavour to get an industry professional to answer them. If selected, your questions and the answers will be featured in a magazine called ‘Pick My Brain’ which will be published by VTAC later in the year.

If you are interested, send an email to VTAC with the subject line “I want to pick your brain” and tell them the following:

- If you are currently in Year 12 and at what school
- What you are planning to study next year
- What jobs are you interested in when you finish your course?
- What are three questions you’d like to ask someone who has the kind of job you want?
- Is there someone in particular whose brain you’d like to pick?

Email this to vtacmagazine@vtac.edu.au by Friday 16 March to register your interest.

RMIT Apprenticeships and Traineeships on Facebook: Keep up to date with industry news, trade careers, and pre-apprenticeship courses at RMIT by joining their Facebook page: http://goo.gl/7szEQQ

Australian Apprenticeship Ambassadors: Join this Facebook page to read about the stories and achievements of young Australian’s who have found career success through their apprenticeship - http://goo.gl/2hcuGS

Do you love health and science and would like to diagnose and treat musculoskeletal issues? Osteopathy involves the “treatment of medical disorders through the manipulation and massage of the skeleton and musculature”. Paul Harman graduated with a qualification in Osteopathy at Victoria University (VU) Melbourne and now owns his own osteopathy clinic and works as an international consultant. Read about his story and the course at VU here - http://bit.ly/11i83os

You can also study osteopathy at RMIT, Bundoodle campus - http://bit.ly/1Q70C2z

For more information on osteopathy in Australia go to - http://bit.ly/1K8u1f7

UPCOMING EVENTS

MARCH

- Meet Melbourne University, Bendigo (17), Sale (22), Geelong (23) and Warragul (23), http://bit.ly/18qQwuJ
- 21: Careers in Medicine Information Session, UNSW Clinical School, Albury Wodonga campus, Email Prue Barclay at p.barclay@unsw.edu.au

APRIL

- 8: UMAT Simulation Day, St Vincent’s Hospital, Melbourne, www.nle.edu.au